## Sant Ramdas Arts, Comm. & Science College, Ghansawngi, Dist. Jalna

UGC Sponsored Two Days National Level Seminar on

## "Yoga and Sports at Global and Local Level"

## **Report of Event**

Our college has organized UGC sponsored two days national seminar on Yoga and Sports at Global and Local Level on 13 and 14 Feb 2015. The seminar was inaugurated by Vice- chancellor Dr. Nagnath Kotapalle. The key note address was by Prof. Dr. Pradip Deshmukh (ex. Management council member SRTMUN). The research papers on following subjects were presented by the research scholars.

- 1. Yoga and spots at local and global level.
- 2. Effects of yoga on body.
- 3. Yogasana and pranayam.
- 4. Yoga as a life style.
- 5. Benefits of yoga for human body.

More than fifty research guides, fourteen research directors of physical education participated in this seminar. The seminar was conducted in four sessions. First session was started on 13 Feb 2015 with inauguration and ended at 1:30. The first session was chaired by Dr. Mahesh Khenmali (West Bengal University) and Dr. Sunil Dudhare was the observer in this session. After lunch break the next session was chaired by Dr. Aparna Ashtaputre (Dept. of Psychology, Dr. BAMU Aurangabad) and Yoga teacher Seema Outi (Deogiri College, Aurangabad) was present as observer. In the third session Dr. Arun Shinde (Pune University) and Dr. Chandrajit Jadhav Secretary, Maharashtra Kho-Kho Association were present in this session.

Morning session of the next day began on 9:00 and it was chaired by Dr. Matin Kadri (Ex. Principal MSM College, Aurangabad) and the afternoon session was marked with the presence of Dr. Makrand Joshi and Dr. Javed Kadri.

Dr. S. S. Shaikh Dean Dr. BAMU, Chatrapati Award winner Dr. Vijaybhau Pathrikar and I/C Sports Director Dr. Uday Dongare were present in the valedictory session. The seminar was ended with the certificates distribution by the honorable guests.

Principal

Organizing Secretary

Dr. R. K. Pardeshi
Sant Ramdas Arts.comm & Science
Coffege Ghausawangi Dist. Jalaa

Dr. B. H. Maske